

## **THE FOLLOWING ARE PERMISSIBLE TO TAKE**

### **Head Congestion/Allergy/Itching**

Claritin, Allegra ,Zyrtec, nasonex

**Colds-Echinacea , Zinc,Fluids, rest,**

**Cough-Robitussin (not DM, only guaifenesin),Mucinex, Tessalon Perles**

Non-alcohol cough syrup

**Sore Throat-Cepacol or Sucrets Lozenges, Hall's mentholypus**

**Nausea/Vomiting-Emetrol , Zophran**

**Diarrhea-Kaopectate, Pepto-Bismol, Imodium Complete Tablets**

**Constipation-Milk of Magnesia,Colace, Pericolace, Metamucil, Perdiem**

Correctol, Ex-Lax

**Indigestion/Heartburn/Gastritis-Mylanta, Maalox, Riopan, Tums, Roloids, H2 blockers, proton pump inhibitors**

**Headache/Arthritis/Pain-Aspirin, Advil, Nuprin, Tylenol, Motrin, Naprosyn, Disalcid, Feldene, Aleve, Toradol, NSAIDs, BC Powder or Goodies, Imitrex, Zomig (non-mood altering migraine medications)**

**Infection-All antibiotics**

**Sleep: Melatonin, Rozerem, trazadone**

**Antidepressants: All SSRI/SNRI antidepressants, Deplin, Buspar**

**ADD/ADHD-Strattera, Wellbutrin**

***(This is not a comprehensive list; any drugs must be reviewed by your compliance officer- please call to clarify BEFORE taking the medication. It is your responsibility to be accountable for medications you ingest. If a medical necessity requires the use of a drug that is not approved, you are responsible for notifying the Board of Nursing immediately.)***